

Mental Health Board Minutes
San Luis Obispo County
March 20, 2013
3:00 – 5:00 p.m.
AG Building
San Luis Obispo, CA 93401

Members Present:

Tyler Brown
Linda Connolly
Karl Hansen
Joyce Heddleson
Jill Heuer
Kevin D. Gillem (Sherriff's Dept)
Theresa Merkle-Scott
Stephan Ponce
David Riester
Vicki Shelby (Supr. Mecham)
Clint Weirick
Aurora William
Jason Reed

Members and Alternates Absent:

Cindy Marie Absey
Pam Crabaugh
Lorna Hewitt
Kelly Kenitz (Sheriff Ian Parkinson)
Lisa Kelley
David Odell
Charmaine Quinlan
Jim Salio

Guests:

John Byers (TMHA/PAAT)
Martin Meltz (Community Volunteer)

Staff Present:

Karen Baylor
Jane Ahlquist

1. **Meeting** was called to order @ 3:15 pm by David Riester.
2. **Introductions and Announcements:**
 - Vicki Shelby announced that all new appointments and extended members on the Behavioral Health Board have been approved. Renewals are: Karl Hansen, Joyce Heddleson, Pam Cranaugh, Charmaine Quinlan, Jim Salio, Ian Parkinson, Jill Heuer, Theresa Merkle. New members are: Linda Connolly, Jason Reed, Cindy Marie Absey, Aurora William, Clint Weirick.
 - It was mentioned that mental health services are needed in Shandon. Karen has worked with Mark Fontecchio to get mental health services in Shandon one day a month. The trail program will include a Latino Outreach staff in the Club House at the Park.
 - Linda Connolly announced that CCC has a regular therapist in the North County Schools.
 - Marty Meltz announced that Benefit Arch has a community card.
 - Homeless Oversight Council is meeting to form their activities for next year. Marty Meltz suggested that a member of the Behavioral Health Board attend the Homeless Oversight Council meeting which is held just before this meeting.
 - Karen thanked John Byers for the beautiful painting he donated for our gift to Janet Amanzio whom retired after 42 years with the County. Thank you, John, you do a beautiful job.
 - Theresa Merkle-Scott thanked Jill Bolster-White for taking time to give her a tour of their fairly new facility on High Street.

- 3. Citizen Comments:** Citizens are invited to make comments relevant to Mental Health issues at this time. None at this time.
- 4. Action Item:** David Riester nominated a committee to present a slate of officers. The committee includes: Joyce Heddleson, Stephan Ponce, and David Riester.
- 5. Presentation:** Strategic Planning/Education – Tyler Brown
- Tyler gave an informative presentation on the Roles and Responsibilities of the Behavioral Health Board.
 - In his presentation he suggested that all members read/review the Behavioral Health Workbook 101.
 - Tyler explained how local boards fit in the Mental Health “structure”. Authority, Obligation and relationship. The Brown Act guarantees the public’s right to attend and participate in meetings of local legislative bodies. It governs the actions of local boards.
 - Understanding the Mental Health Services Act (MHSA) and its impact on LMHB.C In 2004, voters in the state of California passed Proposition 63, which funds the Mental Health Services Act (MHSA.) The MHSA addresses six components:
 - Community Program Planning
 - Community Services and Supports
 - Capital (buildings) and Information Technology
 - Workforce Education and Training
 - Prevention and Early Intervention
 - Innovation
 - The five fundamental concepts inherent in the MHSA:
 - Community collaboration
 - Cultural competence
 - Client and family driven mental health system
 - Wellness focus, which includes the concepts of recovery and resilience
 - Integrated service experiences for clients and families throughout their interactions with the mental health system
 - Outcomes based program design
 - The Behavioral Health Board has legal obligations as well: Purpose, Powers, and Authority.
 - Each year the behavioral health program shall prepare and submit a 3-year plan that shall be updated at least annually and present to the BOS. We have this opportunity and need to take more advantage of getting mental health issues to the attention of the BOS.
 - Agenda for our meeting in April will be further discussion of the roles and responsibilities of the Behavioral Health Board. As of January, 2013, the Mental Health Board and the Drug and Alcohol Advisory Board combined the two Boards to create the Behavioral Health Board.
- 6. Directors’ Report – Karen**
- We welcome Cindy Collins to our department as the new ASM fiscal manager for the Behavioral Health side. Welcome Cindy.
 - Interviews are scheduled for the Quality Director position soon.
 - CCP meets the 3rd Monday of each month at Probation.

7. Committee Reports: No reports

- **Membership Committee**
- **Adult Services**
- **Adult Services**
- **Children's Services**
- **Adult Services Policy Council**
- **Executive Committee**

8. Meeting adjourned.

The April 17th meeting will be held in the Annex (The Red Room) behind the Health Campus.

The May 15th meeting will be held in the Ag. Building Conference Room at 2156 Sierra Way.

Jane Ahlquist